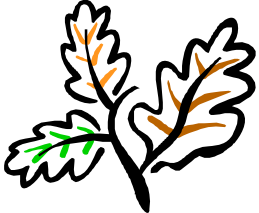



OAK RIDGE SENIOR CENTER

October 2008

MON 9AM-5PM	TUE 9AM-9PM	WED 9AM-5PM	THR 9AM-9PM	FRI 9AM-5PM	SAT 8:30AM-4:30PM
		1) 9-1 Driver Safety 9-12 Woodcarving 9-10 S.M.I.L.E. 10-11 Tai Chi 1-4 Bridge 12-4 Survivors Club	2) 9-1 Driver Safety 9-3 Rook/Canasta 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 1-3 Bowling 6:30-8:30 Bingo	3) 10-11 Guitar 9-10 S.M.I.L.E. 10-3 Open Crafts	4) Only Recreation Room Open
6) 9-10 S.M.I.L.E. 9-11 E.C.A.B. 10-11 Tai Chi 12-3:30 W. Club Bridge 12:30 Pinochle 1-4 Open Bridge	7) 9-3 Rook/Canasta 10-12:30 Arts/Crafts/Quilting 10-3 Senior Citizens Club 6:30-8:30 Bingo	8) 9-12 Woodcarving 9-10 S.M.I.L.E. 10-11 Tai Chi 1-4 Bridge	9) 9-3 Rook/Canasta 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 1-3 Bowling 5:30 Harvest Picnic 6:30-8:30 Bingo	10) 10-11 Guitar 9-10 S.M.I.L.E. 10-3 Open Crafts	11) Only Recreation Room Open
13) 9-10 S.M.I.L.E. 10-11 Tai Chi 12:30 Pinochle 1-4 Open Bridge 2-4 Retired Teachers	14) 9-3 Rook/Canasta 10-12:30 Arts/Crafts/Quilting 10-3 Senior Citizens Club 6:30-8:30 Bingo	15) 9-12 Woodcarving 9-10 S.M.I.L.E. 10-11 Tai Chi 1-4 Bridge 2-4 C.O.R.R.E.	16) 9-3 Rook/Canasta 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-3 A.A.R.P. 1-4 Bridge 1-3 Bowling 6:30-8:30 Bingo	17) 10-11 Guitar 9-10 S.M.I.L.E. 10-3 Open Crafts	18) Only Recreation Room Open
20) 9-10 S.M.I.L.E. 10-11 Tai Chi 12-3:30 W. Club Bridge 12:30 Pinochle 1-4 Open Bridge	21) 9-3 Rook/Canasta 10-12:30 Arts/Crafts/Quilting 10-3 Senior Citizens Club 6:30-8:30 Bingo	22) 9-12 Woodcarving 9-10 S.M.I.L.E. 10-11 Tai Chi 1-4 Bridge	23) 9-3 Rook/Canasta 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 1-3 Bowling 6:30-8:30 Bingo	24) 10-11 Guitar 9-10 S.M.I.L.E. 10-3 Open Crafts	25) Only Recreation Room Open
27) 9-10 S.M.I.L.E. 10-11 Tai Chi 12:30 Pinochle 1-4 Open Bridge	28) 9-3 Rook/Canasta 10-12:30 Arts/Crafts/Quilting 10-3 Senior Citizens Club 6:30-8:30 Bingo	29) 9-12 Woodcarving 9-10 S.M.I.L.E. 10-11 Tai Chi 1-4 Bridge	30) 9-3 Rook/Canasta 9-10:30 T.O.P.S. 10-11:30 Blood Pressure 1-4 Bridge 1-3 Bowling 6:30-8:30 Bingo	31) 10-11 Guitar 9-10 S.M.I.L.E. 10-3 Open Crafts	

**LUNCH SERVED MONDAY THROUGH FRIDAY, 11:00 - 11:30 A.M. BY RESERVATION ONLY.
CALL 425-3996 OR 691-2551 BY NOON THE DAY BEFORE TO RESERVE A MEAL.**

I would like to take a minute to introduce myself. My name is Linda Jackson and I will be taking over in the job of Recreation Manager here at the Oak Ridge Senior Center. I know that I have some big shoes to fill with the retirement of Mrs. Janice Thomas and she will be greatly missed. Please come by the office and introduce yourself, the door is always open. I look forward to spending a lot of fun times with you all.

BALLROOM DANCING will continue Monday nights **at the Midtown Community Center** through the month of October. 6:30 p.m. – 9:00 p.m. Call 482-2658 for more information.

AMERICAN MUSEUM OF SCIENCE AND ENGERY is sponsoring an interactive exhibit entitled "Amazing Feats of Aging." The exhibit will begin on September 23rd and continue through January 13th. Seniors **age 60 and up receive free admission** to the museum on **Tuesdays** during this time. Also, "Senior Moments", a series of lectures, will be presented at 10:00 a.m. each Tuesday morning. Topics will vary but will revolve around issues relating to healthy aging and will be presented by different community resource agencies.

AARP SENIOR DRIVER SAFETY PROGRAM October 1st – 2nd the 8-hour class is held in two four-hour sessions on Wednesday and Thursday, from 9 a.m. until 1 p.m. both days. Cost is \$10.00. Call 425-3999 to reserve a place in the class. Take this refresher course and be a safer driver!

BE A "PROJECT LINUS" BLANKETEER The Senior Center is a collection point for handmade new blankets for the "Project Linus" program. Blankets can be knit, crochet, quilted or woven, and ranging in size from a tiny 18"x18" all the way to fit a twin bed. They are given to children age 0-18yrs in traumatic situations, through a variety of assistance programs. All they ask is that the blankets/quilts be washable, and in kid-friendly colors.

SENIOR CENTER HARVEST SUPPER Our annual indoor picnic will be a supper, held on Thursday, October 9th serving from the kitchen at 5:30. The menu includes BBQ sandwich, beans, slaw, chips, beverages, and dessert. There will be plenty to eat. Door prizes will be awarded. Those that wish to may stay and play Bingo at 6:30. Cost is \$3.00 per person. You'll need to pre-register and pay in advance at the front desk by October 7th, as attendance will be limited.

COMING IN NOVEMBER

VETERAN'S DAY: Senior Center Kitchen will be closed, Tuesday, Nov 11th. (State Holiday) All other activities for that day will take place as scheduled. This will include a free beans and cornbread lunch in honor of Veteran's Day from 11:30 a.m. to 1 p.m. Veterans, spouses and friends are invited to attend.

9-BALL TOURNAMENT: Wednesday November 5th. Registration will begin on October 20th and must be received no later than noon on Monday, November 3rd.

CENTER HOURS

Monday, Wednesday, Friday – 9:00 a.m. to 5:00 p.m.

Tuesday, and Thursday - 9:00 a.m. to 9:00 p.m.

Saturday - 8:30 a.m. to 4:30 p.m.

Closed on Sunday

BUSINESS OFFICE HOURS (For Transportation Coupon Sales)

Monday through Friday - 9:00 a.m. to 4:00 p.m.

OAK RIDGE SENIOR CENTER 728 EMORY VALLEY ROAD 425-3999