

# **The City of Oak Ridge Winter Volleyball 2007**



**Organizational Meeting – December 13, 2006  
6:30 PM in the Civic Center Club Room**

## **Registration Deadline**

**Early Registration: \$85.00 – January 2, 2007**

**Late Registration: \$100.00 – January 5, 2007**

- **Co-ed (2 Divisions) and Open leagues**
  - **8 Matches with a Single Elimination Tournament**
  - **\$20.00 Non-Resident Fee for each player who is not an Oak Ridge resident (\$35.00 Maximum per year)**
  - **Proof of Residency for Oak Ridge Residents**
  - **Games played Tuesday and Wednesday evenings at the Civic Center**
  - **Schedules available at Coaches' Meeting on January 11 at 6:30 PM**
  - **League Play to begin January 16, 2007**
  - **All fees must be paid, rosters signed and proof of residency in for registration to be accepted.**
  - **To keep league fees low, no awards will be given to league winners.**
- For more information, please contact Paula Zarestky at 425-3440.**

# REGISTRATION FOR CITY SPONSORED VOLLEYBALL LEAGUES OAK RIDGE RECREATION AND PARKS DEPARTMENT

League Name: Winter Volleyball - 2007

\$ 85.00 Registration League Fee. Deadline January 2, 2007  
OR

\$100.00 Late Registration Fee. Deadline January 5, 2007

\$ 20.00 Non-Resident Fee Per Player (\$35 Max./Yr.)

1/11/07 Coaches Meeting – Schedules Available

1/16/07 League Play begins

Make checks payable to: **CITY OF OAK RIDGE**

## A complete registration packet includes:

- Registration Form
- Roster signed by all players
- Total registration fee
- All non-resident fees or proof of residency for Oak Ridge residents

Name of Team: \_\_\_\_\_

Co-ed: A \_\_\_\_ B \_\_\_\_ Open \_\_\_\_

Contact Person: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_

Address: \_\_\_\_\_

Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Alternate Contact: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_

Email Address: \_\_\_\_\_

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## To be completed by Recreation and Parks Staff

Date Paid: \_\_\_\_\_

Amount Paid: \_\_\_\_\_ (to include non-resident fee)

League Fees: \_\_\_\_\_ Non-Resident Fees: \_\_\_\_\_

Deposit in account #: 1.2640.800 / 975.5611.25  
League fees Non-Resident fees

Receipt/check #: \_\_\_\_\_ Received by: \_\_\_\_\_

## City of Oak Ridge Volleyball Organizational Meeting December 13, 2006

- Games Days will be Tuesdays and Wednesdays. Teams should expect to play more than one match a week.
- Co-ed will have two divisions: A & B. Division A will be the more competitive.
- An Open league will also be offered but must have at least four teams registered to play. If four teams do not register, league fees will be refunded to those teams who do register.
- Team commitments are due by Jan. 2. Late registrations will be taken through Jan. 5 with a \$15 late fee – All paperwork please
- Schedules will be available at the Coaches' Meeting on January 11 at 6:30 pm in Civic Center Club Room. Meeting is not mandatory. Schedules will also be emailed to coaches.
- League play will begin the week of January 16.
- New players may be added one day in advance of game play. Deadline for all additions will be Saturday, February 3. No new players will be added beyond that date.
- Players will be allowed to play on only one co-ed team.
- Non-resident fees: \$20/season/sport - \$35 max. per year - \$60 max. per family/year
- No player will be allowed to play without first signing the team roster and paying the non-resident fee or providing proof of residency. Any team using an ineligible player will forfeit all games in which that player participated.
- The team jersey rule will not be enforced this season but is highly recommended.
- USAV rules (Web site for rules: [www.usavolleyball.org](http://www.usavolleyball.org))
- Teams may start w/4 players and add the 5<sup>th</sup> and 6<sup>th</sup> players at any time. The 5<sup>th</sup> and/or 6<sup>th</sup> players may be dropped without penalty during the course of play, however, each co-ed team must have at least two women on the court at all times, even if playing with the minimum of 4 players. A team can consist of all women.
- Game time is forfeit time. A 10-minute grace period will be given for the second game. If the second game is forfeited a 10-minute grace period will be given for the third game.
- All regular season matches will include 3 games.
- Games will be played to 25 points w/rally scoring. All games must be won by 2 points.
- Serving – on the official's whistle – net serves will be allowed
- When the receiving team gains the right to serve they will rotate. This includes their first serve of the game.
- There is an expectation that each team will assist the official in calling violations. One official cannot possibly see all action on the court or have a clear field of view for all line calls.
- City rules allow for free substitution. Substitutions must, however, follow standard rules for substitution.
- The League Champion will be determined by the total number of games won. In case of a tie, head to head competition will determine the league champion. If it is still a tie, performance against common competitors will determine the champion.
- Depending on the number of teams participating, when a team draws one opponent more than others, those win-loss scores will be adjusted to avoid an advantage or disadvantage based on level of competition.
- Tournament matches will be played best two out of three games.
- No blocking or spiking a received serve. Clarification: When receiving a serve, successive contacts with various parts of the body are permitted in a single action of playing the ball. These include contacts involving “finger action” on the ball. The ball, however, may not be caught and/or thrown.
- Teams will switch courts between games and after the 13<sup>th</sup> point of third game. Players must stay in same rotation when switching during the third game.
- Any team to forfeit 3 matches during regular season play will not be allowed to play in the league tournament.
- Coaches are responsible for the behavior of their players. No profanity. No verbal or physical abuse of other players or officials.
- These volleyball leagues are offered to be a fun, recreational outlet. Please help us keep the emphasis on FUN!

# City of Oak Ridge Recreation and Parks Department

## VOLLEYBALL LEAGUE RULES – Winter 2007

### 1. ROSTERS:

Player rosters are limited to 15 active members per team.

- a. The manager does not count unless he/she plays.
- b. All players MUST personally sign the Roster Sheet.
- c. **Additional players – Additions to rosters will not be allowed after Saturday, February 3, 2007.** It is preferred that only coaches or managers add names to rosters. To add a player, the following is due at least 24 hours in advance of the new player's participation.
  1. Roster and Medical Release form must be signed, completed and returned to the Recreation and Parks Department.
  2. Non-resident fee, if applicable, must be paid or resident verification submitted.

### 2. RELEASE FORMS:

Everyone who participates in league play, including non-playing managers, must sign a Roster and Medical Release Form to release the Recreation and Parks Department and any other person connected with league volleyball of any responsibility in case of an accident.

- a. This form must be turned in by the league deadline with the league fees, non-resident fees and proof of residency for Oak Ridge residents. **Non-resident fees are to be paid one time per season per sport.**

### 3. ELIGIBILITY:

Coaches of teams are responsible for the eligibility of their players and shall be held accountable by the Recreation and Parks Department to furnish proof of eligibility. To be eligible, players:

- a. Must be 18 years of age.
- b. Must be on official roster.
- c. Must be able to verify identity.
  1. ALL players utilized by a team are required to produce, upon request, verification of identity, which exhibits their picture or signature. **IF A PLAYER REFUSES TO SHOW HIS OR HER I.D., THE GAME CAN BE PROTESTED AND, IF UPHOLD, WILL BE DECLARED A FORFEIT.** If the issues can be resolved on the court, the officials should attempt to do so. If the issue is not resolved, a protest must be filed and normal review followed.
  2. Any player in question regarding his or her identity will be required to place his/her signature on the game sheet.

### 4. UNIFORMS: (Uniform rules will not be enforced but are highly recommended.)

- a. Teams are encouraged to wear uniform, numbered jerseys with at least 6" numbers.
- b. No two players may use the same number during a game.
- c. Teams are encouraged to conform to the USAV rule on uniforms. In lieu of team uniforms, it is requested that:
  1. Team jerseys be worn with non-duplicated numbers.
  2. If a team does not have jerseys, the same color shirts with non-duplicated numbers should be worn.
- d. Shoes
  1. All players must wear non-marking athletic shoes.

5. LEAGUE RULES:

- a. Leagues will be governed by the playing rules of the current USAV Volleyball Guide. Exception: Local league rules shall supersede USAV rules.
- b. The last teams to play each evening will assist with taking down equipment.
- c. The league organizer will provide the game balls.
- d. A team may start with 4 or 5 players. With co-ed teams, at least two players must always be female, regardless of the number of players on the court. The 5<sup>th</sup> and 6<sup>th</sup> players may be added (or dropped w/o penalty) at any time during play. (All players can be women.)
- e. Game times will generally be 6:00, 7:00, 8:00, and 9:00 PM. Modifications may be needed.
- f. Game time is forfeit time. A 10-minute grace period will be given for the second game. If the second game is forfeited an additional 10-minute grace will be given for the third game.
- g. All matches will include 3 games.
- h. Each team will be allowed 2 time-outs per game.
- i. Games will be played to 25 points with rally scoring. All games must be won by 2 points
- j. Serving:
  1. Each service must be authorized by the referee's whistle.
  2. Net serves will be allowed. The ball may touch the net when crossing.
- k. Rotation: When the **receiving** team has gained the right to serve, its players must rotate one position clockwise. This includes the first serve in the game for the **receiving** team.
- m. Teams will be allowed a 5 minute warm up at the start of each match.
- n. Players must be on the court at the time of the serve. Court lines are yellow lines.
- n. League Champion will be determined by total number of games won. In the event of a tie, head-to-head score will determine league champion. If a tie still exists, performance against common competitors will determine the league champion.
- o. Tournament matches will consist of the best 2 out of 3 games.
- p. At the moment the ball is contacted by the server, each team must be completely within it's own team court (except the server).
- q. The ball is considered out of play when it contacts an object outside the court, the ceiling or a person out of play. It is also out of play if it passes outside the antenna or if it touches the antenna, rope, posts or supporting apparatus. A ball is out of play if it hits the ceiling and crosses the net. It is still playable if, before the third hit, it hits the ceiling and comes back down on the same side.
- r. At the moment of the service hit or take off for a jump serve, the server must be completely in the service zone and not touching the court (end lines included).
- s. The service zone is the area behind and excluding the end lines (29'6" wide). The zone extends back to the wall/bleachers.
- t. Service Tossing Error Rule: Only one toss or release of the ball will be allowed. There will be no re-serves.
- u. Back line players may attempt an attack-hit but must be behind the front zone line (10' line) before take off.
- v. A receiving player may not spike or block a serve. **Clarification:** During a team's first hit, successive contacts with various parts of the player's body are permitted in a single action of playing the ball. These include contacts involving "finger action" on the ball. The ball, however, may not be caught and/or thrown.
- w. A block contact is not counted as a team hit. Back row players may not block.
- x. The ball may touch any part of the body but cannot be kicked by the foot.
- y. Teams will switch courts between games and after the 13<sup>th</sup> point of the third game. Players must stay in the same rotation and position when switching during the third game.
- z. There will be no limit on the number of substitutions. Substitutions must, however, follow standard USAV rules

6. FORFEITS

- a. Failure of an ejected player to leave the premises within 5 minutes (out of sight and sound) will result in his/her team forfeiting the ball game. The premises include the general area: Civic Center and parking lot.
- b. If a team of 4 eligible players cannot be fielded at the scheduled starting time, the team ready to play shall win by forfeit. A co-ed team starting with 4 or 5 players must include two females. A co-ed team of 6 must include at least 2 females. (There are no minimum requirements for males.) Game time is forfeit time. A team may start a game with 4 or 5 players and add the 5<sup>th</sup> and 6<sup>th</sup> player after the game has started.
- c. Any league team to forfeit 3 matches during their regularly scheduled league play will not be allowed to participate in the league tournament.
- d. Games forfeited on make-up dates will not be counted against teams in regards to disqualification.

7. SUSPENSIONS AND PROTESTS:

a. SUSPENSIONS

Players, managers, coaches, etc., who are guilty of unsportsmanlike conduct will incur the following:

1. Ejection from the remainder of the current match plus the next scheduled match.
2. The second ejection will be an automatic suspension of four (4) matches up to a maximum of 12 months suspension.
3. Any participant ejected must leave the premises within 5 minutes. The premises include the Civic Center and parking lot.
4. Failure to leave will result in his/her team forfeiting the game.
5. Any person receiving a suspension has the right to appeal, in writing, within a forty-eight (48) hour period. Appeals are to be directed to the athletic office, Recreation and Parks Department.
6. Cursing or any type of profanity will not be permitted at any time.
7. Any verbal or physical abuse of an official or player is an automatic one-year suspension.

b. PROTESTS

1. When making a protest, the team manager/coach must notify the referee/official scorekeeper before the next serve. A written protest can be submitted to the Athletic Office of the Recreation and Parks Department but must be in by 5:00 PM of the next working day after a protested game. A \$25 protest fee must accompany the written protest. No protest money will be necessary in tournament play.
2. In all tournament games, protests must be resolved prior to the next serve of the game. (b.1 pertains to league games).
3. The only type of protest, which may be filed, is a rule interpretation.
4. REFEREE'S JUDGEMENT DECISION CANNOT BE PROTESTED.
5. The Recreation and Parks Department will handle all protests.

8. SCHEDULING: Games shall be scheduled at the discretion of the Recreation and Parks Department. NO games will be rescheduled because of individual team conflicts. The only games that will be rescheduled will be those cancelled due to facility conflicts and scheduling conflicts as determined by the Recreation and Parks Department.

# OAK RIDGE RECREATION & PARKS ROSTER FORM AND MEDICAL RELEASE – Volleyball

TEAM:	COACH:	PHONE (h):
ASS'T. COACH:	PHONE (h):	ADDRESS:
ADDRESS:	PHONE (w):	LEAGUE:

I, whose name is listed on the same line with my signature below, fully understand the risk of injury arising from my or my child's participation in volleyball. I hereby assume all risks and hazards incidental to such participation, including transportation to and from all activities; and do hereby waive, release, absolve, and indemnify and agree to hold harmless the City of Oak Ridge, organizers, sponsors, supervisors, and participants, for any claim or injury or liability that may hereafter arise as a result of participating in volleyball. I make this agreement on behalf of myself, my heirs, and my estate. I also grant permission to managing and/or coaching personnel or other department representatives to authorize and obtain medical care and treatment from any licensed physician, hospital or medical clinic, including minor surgery, deemed necessary by a duly licensed physician should I become ill or injured while participating in volleyball. For youth sports (under age 18), a parent or guardian's signature is required for participation.

PLAYER NAME	BIRTHDATE	ADDRESS	SIGNATURE
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