

The City of Oak Ridge Recreation & Parks Department

# Basketball 2006-2007

## Junior & Senior Girls



### Organizational Meeting

November 6, 2006 at 6:30 pm in the Civic Center Club Room

### Registration Deadlines

Early Registration: \$160 – November 20, 2006

Late Registration: \$185 – November 27, 2006

- 8 Game Season
- \$10 Non-Resident Fee for each player who is not an Oak Ridge resident.
- Games played on Saturdays
- Play begins on December 9, 2006.
- All fees must be paid, rosters signed and proof of residency turned in for registration to be accepted.

REGISTRATION FOR CITY SPONSORED BASKETBALL LEAGUES  
OAK RIDGE RECREATION AND PARKS DEPARTMENT

(This form must be accompanied by roster and release form)

League Name: Girls' Basketball 2006-2007

\$160.00 Early Registration League Fee. Deadline: November 20, 2006  
OR  
\$185.00 Late Registration League Fee. Deadline: November 27, 2006  
\$ 10.00 Non-resident fee per player per sport per season (Maximum \$15.00 year)  
12/9/06 League schedule begins

**Make checks payable to: City of Oak Ridge**

**A complete registration packet includes:**

- Roster signed by all players (or parents if under age 18)
  - Total registration fee
  - All non-resident fees
  - Proof of residency for Oak Ridge residents

Name of Team: \_\_\_\_\_ League: Senior \_\_\_\_\_ Junior \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: H \_\_\_\_\_ W \_\_\_\_\_

Address: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Alternate Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

---

**To be completed by Recreation and Parks Staff**

Date Paid: \_\_\_\_\_

Amount Paid: \_\_\_\_\_ (to include non-resident fee)

Receipt/check #: \_\_\_\_\_ Received by: \_\_\_\_\_

League Fees: \_\_\_\_\_ Non-Resident Fees: \_\_\_\_\_

Deposit in account #: 1.2640.100 / 975.5611.25  
League fees non-resident fees

# Youth Basketball Organizational Meeting

## November 6, 2006

Game Schedules – Games will begin on Saturday, Dec. 9. Play Dec. 16?

No games will be scheduled during the schools' winter break, Dec. 18 – Jan. 2.

Boys: 8 Games followed by a single elimination tournament

Girls: 8 Games – Traditionally don't play tournament

We do not have the Civic Center gym on Jan. 7 because of a longstanding annual swim meet. Games will most likely be played at the new Scarboro Center gym this weekend.

### Schedule Requests

If a team is aware of a conflict regarding game time on a specific date, please make note of the conflict with your registration materials. We can make no promises but will try to help where we can.

### Rosters and Adding Players

Junior League players must be in 9<sup>th</sup> grade or below and no older than 15 by December 1 of the current season.

Senior league players must be in 12<sup>th</sup> grade or below and no older than 18 by December 1 of the current season.

Rosters are limited to 15 players. **Players may be added thru January 20, 2007.** All rosters must be signed by this date and non-resident fees paid.

All players and coaches must personally sign the roster form. Players under age 18 must have a parent or legal guardian sign for them. (Legal implications)

Use of ineligible players is an automatic forfeit. An ineligible player is suspended for one week from all league play if playing on any other City team.

### *League Rule regarding players dismissed from school teams:*

*Any player dismissed from a TSSAA sanctioned school team during the course of the season will be ineligible to participate in the City Youth Basketball League without prior approval by the Recreation and Parks Department and a notice of release from the Schools. This action must also take place before the stated deadline to add players to a youth league roster.*

### Non-resident Fees and Proof of Residency

As of July 1, 2006 we are in a new fiscal year. Non-resident fees are as follows:

Adults	\$20.00/ per season/per sport	\$35.00 Maximum per year
Youth	\$10.00/per season/per sport	\$15.00 Maximum per year
Family	(2 adults & all children under age 18 residing at same address)	\$60.00 Maximum per year

Non-residents who played in a fall soccer league (AYSO or SCOR) will only need to pay \$5 because they have already paid \$10 for soccer.

It will be the responsibility of the sponsoring organization or coach to verify residency for all of its players who are Oak Ridge residents. Documentation may be required if there is any question.

### Important dates to remember:

<b>November 20</b>	<b>Early Youth Basketball Registration Deadline</b>
<b>November 27</b>	<b>Late Youth Basketball Registration Deadline</b>
<b>December 4</b>	<b>Youth Basketball Coaches' Meeting (Schedules Available)</b>
<b>December 9</b>	<b>Youth Basketball League Play Begins</b>

### Practices

When teams have completed registration, they will be block booked into practice times. This will be done on a first come/first served basis.

Each team will receive one free practice a week. We will try to schedule you for the same site, same day and same time each week, however, there will be dates when school gyms may be previously booked for school activities.

Remember, you must have your permit when you report to a gym. Check your paperwork each week so there is no confusion. **If you will not be using your assigned practice time on any given week, you must let us know!**

Inappropriate conduct in the school gyms will result in suspension of a team's practice privileges. There will be zero tolerance for inappropriate behavior. Any complaint from the schools and your permit will be revoked. Remember, an

adult must oversee all practices. Teams are limited to only the gym and restrooms. Wandering in the halls is cause for suspension. Please do not bang on or kick doors to get the janitor's attention when you arrive.

Due to a lack of gym space, a gym may be double booked. If there is a team you would like to share a gym with, please let us know.

### **Practice Times – Monday through Friday**

Robertsville and Jefferson Middle School gyms – 8:00 & 9:00 pm

Glenwood gym – 6:00, 7:00, 8:00 and 9:00 pm

Willow Brook gym – 6:00, 7:00 and 8:00 pm **Wednesdays and Fridays only**

### **Jerseys**

Same colored jerseys with different numbers must be worn or City numbered vests will be provided.

If competing teams are wearing the same colored jerseys, a coin toss will decide who wears the vests. However, if one team does not have uniform, printed jerseys (ex. wearing t-shirts written on with markers), they will automatically wear the vests.

**Inappropriate team names, graphics or writing on a jersey will not be permitted.**

### **Team Bench**

Each team must have a responsible adult, aged 21 years or older, on their bench at all times. Only the players and coaches will be allowed in the area of the team benches. All spectators are to remain on the opposite side of the gym.

**Coaches are to remain seated at all times while the clock is running. Please see rules regarding bench personnel.**

**No food or drinks in the gym! Only water in a sealed container will be allowed.**

**No Profanity, No Sagging, No Jewelry, No Spitting**

### **Game – New Format as of 2005-06 Season**

The game will consist of four ten-minute quarters (running time) with a two-minute half time. The clock will only be stopped for timeouts and during the last two minutes of the game if there is less than a 10- point lead. Overtimes will be 2 minutes. Each team will get 2 timeouts per half. Any team with a 20-point lead cannot press at any time during the game (one warning and beyond that a one shot technical foul is awarded). Unless previous games are running late, game time is forfeit time. You must start with 5 players.

If a team forfeits 3 regularly scheduled games during the season, they will not be allowed to participate in the league tournament.

### **NFHS Rule (TSSAA Schools 2004-2005): NUMBER OF LANE-LINE PLAYERS REDUCED FOR FREE THROWS:**

This change reduced the number of players permitted on marked lane-spaces during free throws (not including the free-throws) to four defensive and two offensive players, with the lane spaces closest to the free-throw line (and the shooter) remaining vacant.

This change will help reduce the amount of rough play during free throws and may provide the defense a rebounding advantage (one that may have been diminished with the return to the "rim" restrictions). Fewer players on the lane should also make the free-throw situation easier to officiate.

### **Dunking**

There will be no dunking allowed. Any player dunking will receive a technical foul, be ejected from the game, suspended from the next game and receive a two-week suspension. Dunking in the final tournament game will result in an automatic forfeit of the game.

### **Conduct**

The coach is responsible for the conduct of his/her players. A single flagrant or second technical foul charged to a player will result in the player being ejected from the game. Any player ejected from the game must immediately leave the premises and will also be suspended from the next scheduled game.

The third technical foul assigned to a team for unsportsmanlike conduct will result in forfeiture of the game.

A second ejection from a game in a season will result in a player being suspended for any where from four games up to one year.

Any verbal or physical abuse of a player or official will result in a one-year suspension.

# CITY OF OAK RIDGE RECREATION AND PARKS DEPARTMENT

## YOUTH BASKETBALL LEAGUE RULES{PRIVATE } 2006-2007

### 1. ROSTER FORMS AND MEDICAL RELEASE:

Player rosters are limited to 15 active members per team.

- a. The manager/coach does not count unless he/she plays. **The coach may be a player but each team must also have an adult aged 21 or older (who is equally responsible for the team) on the bench at all times.**
- b. Each participant in league play, including non-playing managers/coaches, **MUST PERSONALLY** sign an Oak Ridge Recreation and Parks Roster and Medical Release Form before he/she participates. These forms also serve as a notice of potential injury and a hold harmless form. The hold harmless agreement releases the Recreation and Parks Department and any other person connected with league basketball of any responsibility in case of an accident. **Any player under age 18 must have a parent's signature.**
- c. Junior league players must be in 9<sup>th</sup> grade or below and no older than 15 by December 1 of the current season. Senior league players must be in 12<sup>th</sup> grade or below and no older than 18 by December 1 of the current season.
- d. Any player who has played a full season on a TSSAA sanctioned school team is ineligible to play in the City Youth Recreational Leagues.
- e. Any player dismissed from a TSSAA sanctioned school team during the course of the season will be ineligible to participate in the City Youth Basketball League without prior approval by the Recreation and Parks Department and a notice of release provided by the school coach. This action must also take place before the stated deadline to add players to a youth league roster.
- f. Additional players – The deadline for adding players is **January 21, 2007**. No changes in rosters will be allowed after this date. Only the coach or manager may add names to rosters. The following are due 24 hours in advance of an added player's participation:
  1. Roster/Medical Release form must be signed and returned to the Recreation and Parks Department.
  2. Non-resident fee, if applicable, must be paid or resident verification submitted.**Note: No player shall be eligible to play with more than one team.**

### 2. REGISTRATION AND FEES:

- a. To register for league play, Roster and Medical Release forms must be submitted along with league fees, non-resident fees and proofs of residency (if required) by the league deadline. **Non-resident fees are to be paid one time per season per sport.**

### 3. ELIGIBILITY:

Coaches of teams are responsible for the eligibility of their players and shall be held accountable by the Recreation and Parks Department to furnish proof of eligibility. To be eligible, players:

- a. Must be in the 12<sup>th</sup> grade or lower and no older than 18 by December 1 of the current season to play in the Senior League.
- b. Must be in the 9<sup>th</sup> grade or lower and no older than 15 by December 1 of the current season to play in the Junior League.
- c. Must be on the official team roster.
- d. Must be able to verify identity.
  1. ALL players utilized by a team are required to produce, upon request, verification of identity, which exhibits their picture or signature. **IF A PLAYER REFUSES TO SHOW HIS OR HER I.D., THE GAME CAN BE PROTESTED AND, IF UPHELD, WILL BE DECLARED A FORFEIT.** If the issues can be resolved on the court, the officials should attempt to do so. If the issue is not resolved, a protest must be filed and normal review followed.
  2. Any player in question regarding his identity will be required to place his signature on the game sheet.
- e. Any team found to be playing with an ineligible player after game play has begun will forfeit that game. The offending player will be suspended for one week from all play in leagues and tournaments organized by the Oak Ridge Recreation and Parks Department.

### 4. UNIFORMS:

- a. Teams are encouraged to use jerseys that are legally numbered.

- b. No two (2) players may use the same number during a game.
- c. It is suggested that players conform to the TSSAA rule on uniforms; however, it is encouraged that:
  1. Team jerseys must be worn with non-duplicated numbers. For easier communication between officials, single digits greater than 5 are discouraged.
  2. If a team does not have jerseys, the same color shirts with non-duplicated numbers should be worn or the City will provide numbered vests.
  3. When two teams are wearing the same colored jerseys, the team without uniform, printed jerseys will be required to wear the City vests. If both teams have uniform jerseys, a coin toss will determine who wears the City vests.
  4. Clothing with inappropriate language/graphics will not be allowed. (See Department Dress Code)
- d. All players must wear non-marking athletic shoes.

5. LEAGUE RULES:

- a. Leagues will be governed by the playing rules of the current TSSAA Basketball Guide. Exception: Local league rules shall supersede TSSAA rules.
- b. The league organizer will provide balls.
- c. Game times will be 9:00, 10:00, 11:00 a.m. etc.
- d. The game will consist of four ten-minute quarters (running time) with a two-minute half time. Clock will only be stopped for timeouts and during the last two minutes of the game if there is less than a 10-point lead.
- e. All overtimes will be 2 minutes.
- f. League games will begin on time unless late running games force a delay. Rosters are due at the Scorer's table 5 minutes prior to the scheduled start of a game. No grace period will be allowed. A team must have 5 players to start a game.
- g. Each team must have a responsible adult, 21 years or older, on the bench throughout the game.
- h. **No dunking allowed.** Player will receive a technical foul, be ejected from the game, suspended from the next game and receive a two-week suspension. Game suspensions will carry over from one season to the next, if necessary. **Dunking at any point in the final tournament game will result in an automatic forfeit of that game.**
- i. **Delay of game reminders:** - Due to the running clock, players are expected to make every effort to keep play going. Subs must check-in at the scorekeeper's table and be ready to enter or leave the court quickly. Dead balls should be returned to the referee as quickly as possible. Players will receive a technical foul for intentional delay of game.
  - A player shall not while closely guarded, hold or dribble the ball for 5 seconds. Delay of game will be called and the ball will be awarded to the opponent.
  - During a throw-in, the ball must be thrown within 5 seconds or less once the throw-in starts until the ball is released.
  - A free throw shall be made within 10 seconds after the ball has been placed at the disposal of the free thrower.
  - A player shall not be in continuous control of a ball, which is in his or her backcourt for 10 seconds.
- j. Players or spectators are not allowed to sit at Scorer's table.
- k. Players will not be permitted to play if undergarments are blatantly exposed. **Absolutely no sagging will be allowed.** No jewelry, watches or hard hair holders will be worn during the game.
- l. Scorekeepers and Timekeepers will be instructed to stop the game until any confusion or distraction occurring at the scorer's table is eliminated. Persistent disturbance at the scorer's table shall result in a forfeiture of the game by that team.
- m. **Only players and coaches are allowed on the team bench.** Spectators will be instructed to keep the area clear around team benches.
- n. The coach is responsible for the conduct of his/her players. Players ejected from the game must leave the facility.
- o. There will be two timeouts per half.
- p. Players must report to the Scorer's table before entering game.
- q. Each team will play 8 regular season games. League fees to be based on cost of official, awards, scorers and equipment.
- r. No refunds will be given once commitment has been made.

- s. A team with a 20-point lead or more cannot “press” anytime during game. The first violation will result in a warning; the second and beyond will result in a one-shot technical foul.
  - t. EVEN THOUGH BASKETBALL IS A NON-CONTACT SPORT, PARTICIPANTS ARE WARNED THAT THE POSSIBILITY OF INJURY DOES EXIST.
  - u. League Champion will be determined by total number of games won. In the event of a tie, head-to-head score will determine league champion. If teams have played each other twice in a season and split one and one, then total score of each team in the two games will determine the winner. If a tie still exists, performance against common competitors will determine the league champion.
  - v. Forfeits –
    - 1. Failure of an ejected player to leave the premises within 5 minutes (out of sight and sound) will result in his/her team forfeiting the ball game. The premises includes the general area: building and parking lot.
    - 2. If a team of 5 eligible players cannot be fielded at the scheduled starting time, the team ready to play shall win by forfeit.
    - 3. Any league team to forfeit 3 games during their regularly scheduled league play will not be allowed to participate in the league tournament.
    - 4. Games forfeited on make-up dates will not be counted against teams in regards to disqualification.
6. UNSPORTSMANLIKE CONDUCT – TECHNICAL FOULS, SUSPENSIONS & FORFEITS:
- a. Player Technical Fouls  
A single flagrant technical foul or the second technical foul charged to a player will result in the player being ejected from the remainder of the current game plus the next scheduled game.
  - b. Team Technical Fouls  
The third technical foul assigned to a team for unsportsmanlike conduct will result in the disqualification of the team and forfeiture of the game.
  - c. Players, managers, coaches, etc., who are guilty of unsportsmanlike conduct will incur the following:
    - 1. Ejection from the remainder of the current game plus the next scheduled game.
    - 2. A second ejection during the season will result in an automatic suspension of four (4) games up to a maximum of 12 months' suspension.
    - 3. Game suspensions will carry over from one season to the next, if necessary.
    - 4. Any participant ejected must leave the premises within 5 minutes. The premises include the general area: building and parking lot.
    - 5. Failure to leave will result in his team forfeiting the game.
    - 5. Any person receiving a suspension has the right to appeal, in writing, within a forty-eight (48) hour period. Appeals are to be directed to the athletic office, Recreation and Parks Department.
    - 6. Cursing or any type of profanity will not be permitted at any time.
    - 7. Any verbal or physical abuse of an official or player is an automatic year suspension.
7. PROTESTS:
- a. When making a protest, you must notify the referee/official scorekeeper before the start of the clock. A written protest will be submitted to the Athletic Office of the Recreation and Parks Department by 5:00 PM of the next working day after a protested game. A \$25 protest fee must accompany the written protest. No protest money will be necessary in tournament play.
  - b. The Recreation and Parks Department shall render a decision in writing within five days (excluding Saturdays, Sundays, and holidays) after receiving a protest.
  - c. In all tournaments sponsored by the Recreation and Parks Department, the protest must be resolved prior to the start of the clock. (b.1 pertains to league games).
  - d. The only type of protest, which may be filed, is a rule interpretation.
  - e. REFEREE'S JUDGMENT DECISION CANNOT BE PROTESTED.
  - f. The Recreation and Parks Department will handle all protests.
8. In the event of inclement weather call the Information Line at 425-3453 to find out if games are canceled. If the line has not been updated, call the Recreation and Parks Department at 425-3450.  
When games are called because of inclement weather, teams will be notified of the make up time.
9. SCHEDULING: Games shall be scheduled at the discretion of the Recreation and Parks Department. NO games will be rescheduled because of individual team conflicts. The only games that will be rescheduled will be those caused by weather or gym conflicts and scheduling conflicts as determined by the Recreation and Parks Department.

# **TSSAA and City of Oak Ridge Basketball Rules regarding BENCH PERSONNEL**

The head coach is responsible for the conduct and behavior of substitutes (players on the bench), disqualified team members and all other bench personnel. Bench personnel shall not:

## **Commit an unsporting foul. This includes, but is not limited to, acts or conducts such as:**

- Disrespectfully addressing, baiting or taunting an official.
- Attempting to influence an official's decision.
- Using profane or inappropriate language or obscene gestures.
- Disrespectfully addressing, baiting or taunting an opponent.  
Note: Any form of taunting which is intended or designed to embarrass, ridicule or demean others under any circumstances including on the basis of race, religion, gender or national origin will not be tolerated.
- Objecting to an official's decision by rising from the bench or using gestures.
- Inciting undesirable crowd reactions.
- Team member(s) not remaining seated on the bench unless spontaneously reacting to an outstanding play by a member of their team and immediately returning to their seat or reporting to the scorer's table.

## **Penalty**

- A technical foul will be charged to the player (and indirectly to the team) with each violation.
- A single flagrant foul or second technical foul charged to a player during the course of the game will result in disqualification of the offender. This player must immediately leave the facility and parking lot.
- Three technical fouls for unsportsmanlike conduct charged to a team will result in forfeiture of the game.
- A second ejection during the season will result in an automatic suspension of four games up to a maximum of 12 months' suspension.

ANY VERBAL OR PHYSICAL ABUSE OF A PLAYER OR OFFICIAL WILL RESULT IN AN AUTOMATIC ONE YEAR SUSPENSION.

## **ONE YEAR SUSPENSIONS WILL BE FROM ALL CITY FACILITIES!**

## **Coaches' Rule**

The head and assistant coaches must remain seated on the bench at all times while the clock is running or is stopped except to:

- Rise to request a time out.
- Confer with the scorer's table.
- Replace or remove a disqualified/injured player.
- Rise in front of their seat to spontaneously react to an outstanding play by a member of their team or to acknowledge replaced players, but must immediately return to their seat.
- Confer with players within the bench area during a charged time-out or between quarters and extra periods.

Department Guidelines:

**Any verbal abuse by spectators of staff, officials, players, etc. will result in a one-week suspension from all City facilities. Excessive verbal abuse will result in a one-month suspension.**

# OAK RIDGE RECREATION & PARKS ROSTER FORM AND MEDICAL RELEASE – Basketball

<b>TEAM:</b>	<b>COACH:</b>	<b>PHONE (h):</b>
<b>ASS'T. COACH:</b>	<b>PHONE (h):</b>	<b>PHONE (w):</b>
<b>ADDRESS:</b>	<b>PHONE (w):</b>	<b>LEAGUE:</b>

I, whose name is listed on the same line with my signature below, fully understand the risk of injury arising from my or my child's participation in basketball. I hereby assume all risks and hazards incidental to such participation, including transportation to and from all activities; and do hereby waive, release, absolve, and indemnify and agree to hold harmless the City of Oak Ridge, organizers, sponsors, supervisors, and participants, for any claim or injury or liability that may hereafter arise as a result of participating in basketball. I make this agreement on behalf of myself, my heirs, and my estate. I also grant permission to managing and/or coaching personnel or other department representatives to authorize and obtain medical care and treatment from any licensed physician, hospital or medical clinic, including minor surgery, deemed necessary by a duly licensed physician should I become ill or injured while participating in basketball. For youth sports (under age 18), a parent or guardian's signature is required for participation.

PLAYER NAME	BIRTHDATE	ADDRESS	SIGNATURE
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			